



ZONTA

CLUB OF
ST LOUIS

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

® THROUGH SERVICE & ADVOCACY

September 2018 Zest Newsletter

Letter from the President



Hi Zonta Sisters!

I hope you are enjoying the last bit of summer going into my favorite season, fall! It's so nice to be back from our summer hiatus. While we were away, several committees have been working hard....especially the Finance Committee and Service/Advocacy. Special thanks to Michelle, Barb, Jill and others for convening and putting together a successful audit and budget so we can ensure the Club and Trust finances are in good shape as we close fiscal 2017/18 and move into fiscal 2018/2019.

If you haven't already, please go to Eventbrite (<https://www.eventbrite.com/e/zonta-club-of-st-louis-premier-screening-of-little-stones-documentary-tickets-46309182010>) today and purchase your two VIP tickets for yourself or to gift to others; all members are expected to purchase at least two tickets.

We are putting together committees for the year. As you know, the way we have impact through Zonta is via the work of committees; this is also the best way to get to know your Zonta Sisters and have fun making a difference together! If you haven't filled out your committee interest form, I will have them at the September meeting (or email me). I encourage everyone to volunteer for at least one committee. Please consider a committee

Special thanks to Judy, Mary, Bridget, Barb, and everyone on the Service/Advocacy committee for their incredible effort to put the Little Stones Event together. As we heard at the August Membership meeting and the various emails, we will need the support of ALL members to make this event a success.

that you have not been on so you can bring new ideas!

I look forward to seeing everyone at the September membership meeting on Thursday, Sept. 20 at Walnut Grill in Sunset Hills.

Best
Sherry



September 6, 2018	LITTLE STONES meeting - Le Bonne Bouchee @ 5pm
September 6, 2018	Board Meeting – Le Bonne Bouchee @ 6pm
September 8, 2018	International Literacy Day
September 21, 2018	International Day of Peace
September 20, 2018	Club Meeting – International – Walnut Grill at 6 pm
October 4, 2018	Board Meeting - Le Bonne Bouchee @ 6pm
October 11, 2018	International Day of the Girl Child

October 16, 2018 LITTLE STONES presentation on Maryville Campus
October 18, 2018 NO Club Meeting

June Membership Meeting

The annual WAC/Scholarship dinner was held on June 21st at Rich & Charlie's in Crestwood. Three of our six current WAC students and one of four recent WAC graduates were able to attend. We also honored our 2018 Jane M. Klausman winner. Prior to the dinner, it became obvious as to the difficult balancing act it is to be a single parent while working and attending school. Four of the students had to reluctantly cancel the night before/night of the event due to issues they all deal with regularly, from a sick child, to a car in the shop, having to work late and over committing.

The good news is that 3 of our students from the past two years have graduated, and the others are either continuing or beginning their studies in the fall and are currently on target to graduate. And one of our students from several years ago, Toya Winn, graduated in May, and drove in after working in Columbia, Missouri to give a heartfelt thanks to the Zonta organization, and especially her mentor, Liz Heitman, for all of the support she has received from us during some trying times. All of these students have a drive to succeed for themselves and to make better lives for their children.



WAC Student Erica Thomas with her mentor
Mary De'Angelo



Mary De'Angelo, Erica White, Mary Schwab, Liz
Heitman, Claudia Romero, Toya Winn

August Membership Meeting

Last month's membership meeting had two main topics - our upcoming Little Stones project and the budget for our 2018-2019 fiscal year. The meeting was well attended and even included some folks that we don't get to see very often. In case you missed it, we have included minutes from secretary Sharon at this [link](#).



Little Stones Screening

Date: October 16, 2018

Location: Maryville University, 650 Maryville University Drive, St. Louis, MO 64141

Schedule:

5:00 – 7:00 p.m. Donius Center - Informational/Resource Reception, Booths, Raffle/Silent Auction and optional VIP event with filmmaker Sophia Cruz

7:00 – 9:00 p.m. Maryville Auditorium - LITTLE STONES screening followed by Q & A

For specific details from committee chair Judy Jensen, [click here](#).

For a copy of the donor solicitation letter, please reach out to a committee member.

Membership Committee Update

Our membership committee is already hard at work this year. The team is working to create pamphlets to drive up membership, improve the new membership landing zone on our website and re-vamping the membership application. Please select the links below for more information:

[Meeting Minutes](#)

[New Pamphlet \(draft\)](#)

[Webpage](#)

[Application](#)



WAC's Life Skills Workshop

The WAC (Women's Another Chance) committee held the biennial Life Skills Workshop, on August 4 in Creve Couer at the office of Jill Cooper, outgoing co-chair. The current committee co-chairs are Peggy Gilbertson (who has been serving with Jill) and the new co-chair Malaika Horne.

Three WAC recipients attended along with a recent graduate. They are **Jessel Matlock**, **Claudia Romero**, **Rachel Geppert** and **Jessica White** who recently graduated from Lindenwood University.

The 2½ hour workshop included presentations from a few members and one of our new financial advisors.

Malaika Horne:presented on *Goal Setting* including a goal setting exercise.

Cynthia Kirkpatrick presented on *Financial Management* emphasizing the importance of saving.

Carla Russo discussed *Time Management*. one aspect included the Pomodora Effect, which breaks down work into intervals of around 25 minutes.

Also in attendance was **Linda White** and **Edith Holmes**.

SEPTEMBER MEMBERSHIP MEETING - 9/20/18 @ Walnut Grill

[See flyer for details.](#)



Once again, its time to
get ready for Christmas!

For details on how you
can be a Santa's Helper
this year, [click here.](#)